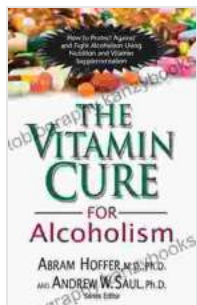


# The Vitamin Cure for Alcoholism: A Long-Term Solution to Alcohol Addiction



## The Vitamin Cure for Alcoholism: Orthomolecular Treatment of Addictions by Andrew W Saul

★★★★☆ 4.5 out of 5

Language : English  
File size : 737 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 214 pages  
Screen Reader : Supported



Alcoholism is a devastating disease that affects millions of people worldwide. It destroys lives, families, and communities. Traditional treatments for alcoholism often fail to address the underlying causes of the addiction, leading to relapse and continued suffering.

## The Vitamin Cure for Alcoholism

The Vitamin Cure for Alcoholism is a groundbreaking book that reveals the hidden truth about alcoholism and offers a revolutionary nutritional approach to overcoming addiction. Author Dr. Linus Pauling, a two-time Nobel laureate, spent decades researching the role of nutrients in alcoholism. He discovered that alcoholics often have deficiencies in certain vitamins and minerals, which can contribute to their cravings and withdrawal symptoms.

Dr. Pauling's research led him to develop a nutrient-based treatment program for alcoholism. This program has been shown to be effective in helping alcoholics achieve long-term sobriety.

## **How the Vitamin Cure Works**

The Vitamin Cure for Alcoholism works by providing alcoholics with the nutrients they need to overcome their addiction. These nutrients include:

\* Vitamin B1 (thiamine) \* Vitamin B3 (niacin) \* Vitamin B6 (pyridoxine) \*  
Vitamin C (ascorbic acid) \* Vitamin E (tocopherol) \* Magnesium \* Zinc

These nutrients help to:

\* Reduce cravings \* Alleviate withdrawal symptoms \* Improve mood and energy levels \* Strengthen the immune system \* Repair damage to the liver and brain

## **The Benefits of the Vitamin Cure**

The Vitamin Cure for Alcoholism offers a number of benefits over traditional treatments, including:

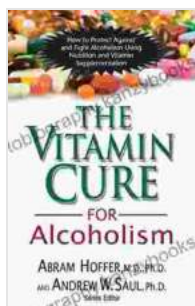
\* It is a natural and non-addictive approach. \* It addresses the underlying causes of alcoholism. \* It is effective in helping alcoholics achieve long-term sobriety. \* It is safe and well-tolerated.

## **How to Get Started with the Vitamin Cure**

If you are interested in trying the Vitamin Cure for Alcoholism, talk to your doctor. They can help you develop a personalized treatment plan and monitor your progress.

You can also start by taking a daily vitamin supplement that contains the nutrients listed above. However, it is important to note that supplements are not a substitute for medical treatment.

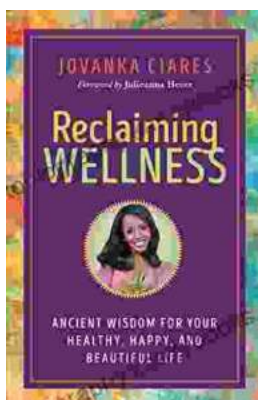
The Vitamin Cure for Alcoholism is a groundbreaking book that offers a new hope for alcoholics. This revolutionary nutritional approach can help you overcome your addiction and reclaim your life.



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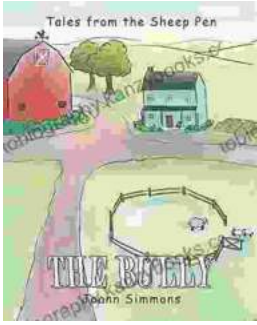
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