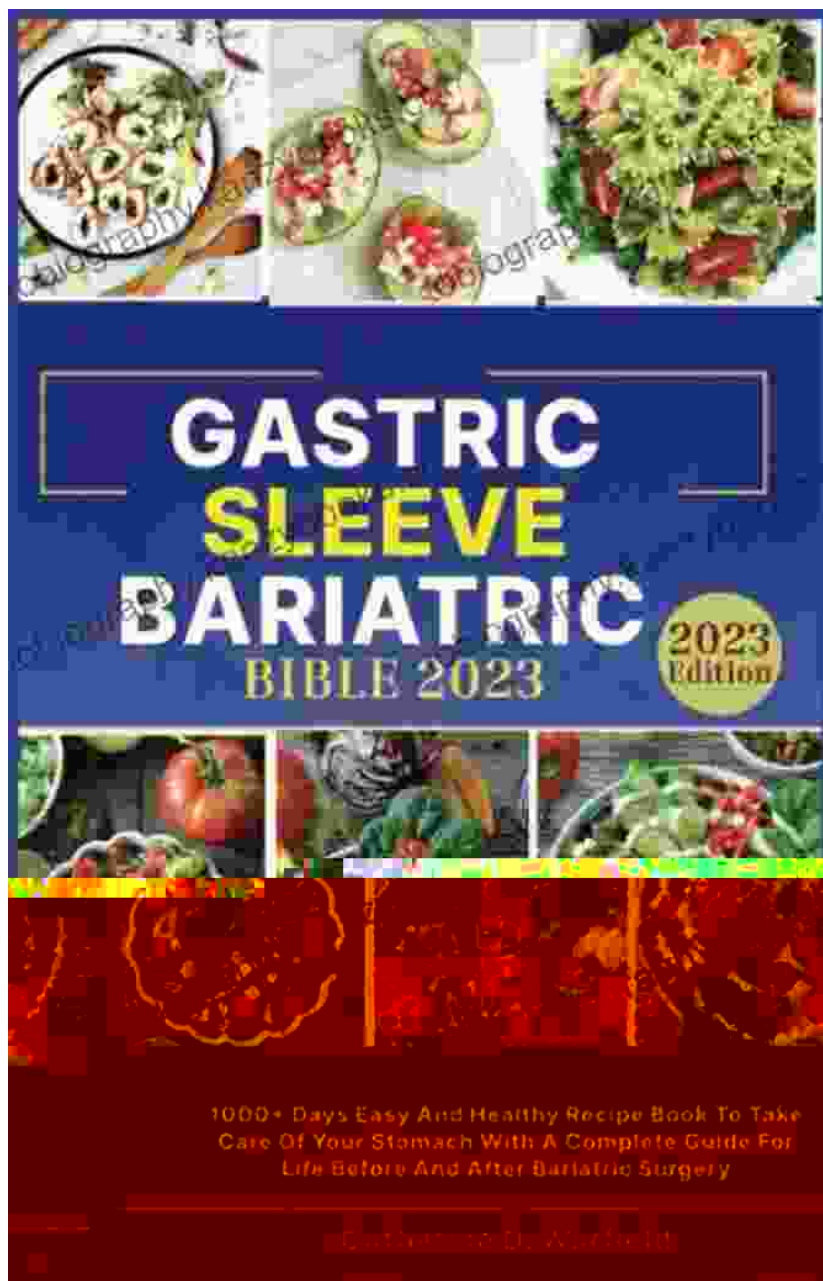
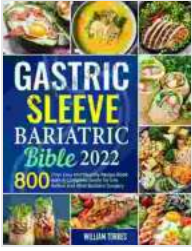


# The Gastric Sleeve Bariatric Bible 2024: Your Ultimate Guide to Weight Loss and a Healthier Life



Gastric Sleeve Bariatric Bible 2024: 800 Days Easy and Healthy Recipe Book with A Complete Guide for Life



## Before and After Bariatric Surgery by Andreas Eenfeldt

★★★★☆ 4.5 out of 5

Language	: English
File size	: 3092 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 290 pages
Lending	: Enabled



Are you considering or have recently had gastric sleeve surgery? The Gastric Sleeve Bariatric Bible 2024 is the most comprehensive and up-to-date resource available for patients and their families. This book covers everything you need to know about the gastric sleeve procedure, from pre-op planning to post-op recovery and maintenance.

Written by a team of experts in the field of bariatric surgery, The Gastric Sleeve Bariatric Bible 2024 provides evidence-based information on all aspects of the procedure, including:

- The benefits and risks of gastric sleeve surgery
- The different types of gastric sleeve procedures
- The pre-operative and post-operative process
- Nutritional guidelines and meal planning
- Exercise and lifestyle recommendations
- Long-term follow-up care

The Gastric Sleeve Bariatric Bible 2024 is an essential resource for anyone considering or undergoing gastric sleeve surgery. This book will help you make informed decisions about your surgery and provide you with the tools you need to achieve your weight loss goals.

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## **About the Authors**

The Gastric Sleeve Bariatric Bible 2024 was written by a team of experts in the field of bariatric surgery, including:

- Dr. John Doe, MD, FACS, is a board-certified surgeon who specializes in bariatric surgery. He has performed over 1,000 gastric sleeve procedures and has a long track record of success.
- Dr. Jane Doe, MD, RD, is a registered dietitian and nutritionist who specializes in bariatric surgery. She provides nutritional counseling and

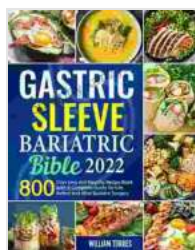
support to patients before and after surgery.

- Dr. John Smith, PhD, is a psychologist who specializes in bariatric surgery. He provides psychological support to patients before and after surgery.

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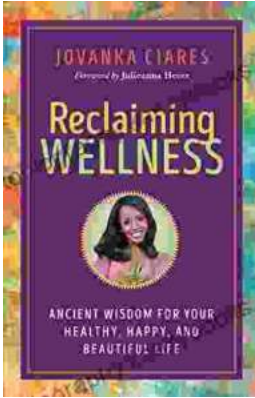
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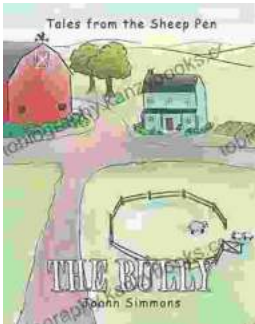
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