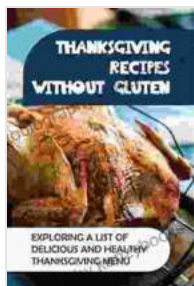


# Exploring List Of Delicious And Healthy Thanksgiving Menu



## Thanksgiving Recipes Without Gluten: Exploring A List Of Delicious And Healthy Thanksgiving Menu

★★★★★ 5 out of 5

Language	: English
File size	: 497 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 27 pages
Lending	: Enabled



Thanksgiving is a time to gather with loved ones and enjoy a delicious meal. But it can be difficult to find healthy Thanksgiving recipes that are also tasty. This article explores a list of delicious and healthy Thanksgiving menu options that will please everyone at your table.

### Appetizers

- **Roasted butternut squash soup:** This creamy and flavorful soup is a great way to start your Thanksgiving meal. It's made with roasted butternut squash, onions, garlic, and vegetable broth.
- **Brussels sprouts with bacon and cranberries:** These Brussels sprouts are roasted with bacon and cranberries, making them a sweet and savory side dish.

- **Baked brie with apples and walnuts:** This baked brie is topped with apples and walnuts, making it a delicious and elegant appetizer.

## Main Course

- **Roasted turkey with gravy:** This classic Thanksgiving dish is a must-have for any Thanksgiving table. It's made with a whole turkey that is roasted in the oven until golden brown.
- **Ham with honey glaze:** This ham is glazed with honey and roasted in the oven until it's cooked through. It's a delicious and moist alternative to turkey.
- **Lentil loaf:** This lentil loaf is a great vegetarian option for Thanksgiving. It's made with lentils, vegetables, and spices, and it's baked in the oven until it's firm.

## Sides

- **Mashed potatoes:** This classic Thanksgiving side dish is made with mashed potatoes, butter, and milk. It's a creamy and comforting side dish that everyone will love.
- **Sweet potato casserole:** This sweet potato casserole is made with sweet potatoes, brown sugar, and marshmallows. It's a sweet and decadent side dish that's perfect for Thanksgiving.
- **Green bean casserole:** This green bean casserole is made with green beans, cream of mushroom soup, and French's fried onions. It's a creamy and flavorful side dish that's perfect for Thanksgiving.

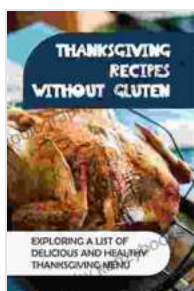
## Desserts

- **Pumpkin pie:** This classic Thanksgiving dessert is made with pumpkin, sugar, spices, and evaporated milk. It's a creamy and flavorful pie that's perfect for Thanksgiving.
- **Apple pie:** This apple pie is made with apples, sugar, spices, and flour. It's a classic dessert that's perfect for Thanksgiving.
- **Pecan pie:** This pecan pie is made with pecans, sugar, corn syrup, and eggs. It's a sweet and decadent pie that's perfect for Thanksgiving.

## Drinks

- **Cranberry juice:** This tart and refreshing juice is the perfect drink for Thanksgiving. It's made with cranberries, sugar, and water.
- **Apple cider:** This sweet and spicy cider is the perfect drink for a cold Thanksgiving day. It's made with apples, sugar, and spices.
- **Eggnog:** This creamy and decadent drink is the perfect way to end your Thanksgiving meal. It's made with milk, eggs, sugar, and spices.

This list of delicious and healthy Thanksgiving menu options will help you create a memorable meal for your loved ones. With so many delicious options to choose from, you're sure to find something that everyone will enjoy.



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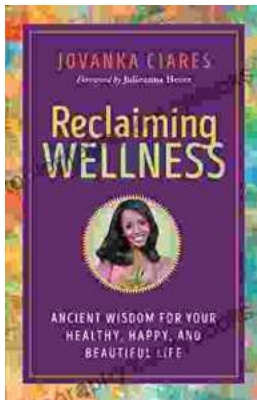
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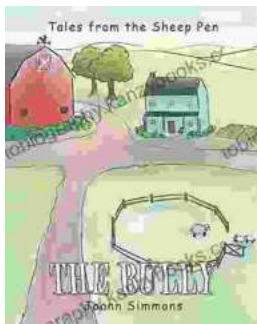
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